Wartburg
Trumpet

Monday, Jan. 21, 1985
Volume 79, Number 15
Wartburg College, Waverly, Iowa 50677
(USPS 6667-4000)

Archbishop on campus

Archbishop Daniel Kucera of the Catholic Archdiocese of Dubuque, who took part in a dialogue on spirituality earlier today with Bishop L. David Brown of the Iowa District of the American Lutheran Church, delivers the featured address at the 1985 Celebration of Christian Unity. Pat Simmons photo.

HPC forum to discuss new phone proposal; referendum Thursday

by JIM BUCHHEIM

Hall Presidents Council (HPC) will sponsor a forum and a special student referendum on the new phone service proposal.

The forum is Wednesday at 9 p.m. in Voecks Auditorium. The referendum is Thursday during lunch and supper hours in the cafeteria line.

Dr. Ron Matthias, vice president for financial affairs and treasurer, and Shannon Patrick, assistant dean of students and director of residential life, will head the forum panel which hopes to further explain the telephone service.

The college recently received bids from AT & T, Teleconnect and Northwestern Bell for individual room phone service. Because of the low costs, Northwestern Bell's bid was selected.

If students opt for the new service, phones could be installed by August of this year.

According to Matthias, the service is not optional, it must be provided in every room.

The cost per student of the new phone service would be $95. In a memo which Matthias released Friday, a "profit" will not be made on the phone service with the "income and expenditures...kept in balance."

The $95 figure includes a private touch-tone line ($122.85 per room), access charges ($9 per room), anticipated rate increases ($17.10 per room) and wiring ($40.50 per room). The wiring cost is covered by a loan to be repaid over a five-year period. The loan was taken so first-year users didn't have to bear the entire wiring cost.

The monthly cost is just over $10 per student.

Costs are likely to be higher for single rooms and lower for triple rooms.

The $95 charge does not include phones. Students could buy or lease them on campus or elsewhere. Long distance calls will be billed directly to a student. No deposit, disconnect or reconnect charges will be assessed.

Long distance services like Teleconnect, MCI and Sprint may be added later.

The $95 will be added to students' room charges. Matthias said this means a student's financial aid could increase because the need base would increase.

Ad Hoc Committee gathers campus ideas

by SHELLY GREEN

The Ad Hoc Committee appointed by President Robert Vogel to assess the quality of campus life has diligently gathered ideas and perceptions from campus organizations and individuals, accordino to Dr. Ronald Matthias, vice president for financial affairs and treasurer, and chairperson of the committee.

Matthias said the group is ready to move from the information gathering stage to working out their own analysis of the situation.

"We've got a deadline to work for [end of January]," Matthias said.

Matthias sees the deadline as a way of keeping the committee from losing its objective.

"My own feeling about the deadline and some of the other committee members' feelings as well, is that it will give the Wartburg community time to start considering our options this year, yet," Matthias said.

The committee was assigned to evaluate and assess the situation on campus, identify concerns of community members and make suggestions or alternatives to consider to improve campus life.

"Our suggestions won't be a list of a few general recommendations," Matthias explained. "We will come up with a list of items, our suggested amount is 20, that seem to us to be worthy courses of action."

According to Matthias, the list will be a major topic of discussion and this is its purpose.

"We aren't here to settle or foreclose options, but to set an agenda for continuing observation," he said.

Matthias recognizes the chance that the committee's ideas may be criticized.

"We realize that our ideas may be unpopular, but that goes with the territory," Matthias admitted.

"Most committees make recommendations without the power to implement them. I hope and expect things to happen, however, in response to our assessment," he said.

"The creation of the committee itself is a way of saying Wartburg needs to give more attention to campus life as a community," Matthias explained.

"We're doing this as a community together," Matthias said. "I see students, faculty and staff working as full partners on this committee and that is its major strength. It's been a rich and rewarding experience thus far."

inside...

The Career Development Center unveils its newest counselor: SIGI. Page 2.

William H. Bolin, recently retired bank executive, visits Wartburg this week as a Woodrow Wilson Visiting Fellow. Page 3.

The *Trumpet's* editorial, columnists and two special "knight-beats" discuss the "campus community." Pages 4 and 5.

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Tim Manning gives an insider's view of the infamous "Luther run." Page 9.

Overcoming early hours, Dr. Roger Bishop's Knights' Before-Dawn Adult Fitness Program is a success. Page 11.

Michael B. Wirth examines the impact of students in a special pool election. Page 12.

Schneider resigns

Downs named international adviser

by JIM BUCHHEIM

Karen Downs, part-time instructor of English, will replace Mark Schneider as international student adviser on a temporary basis, according to Dr. Kent Hawley, vice president for student affairs.

Schneider, who resigned effective Feb. 5, is seeking work in the Minneapolis area in education, social services or ministry. He did not give his reasons for leaving.

"The contribution Mark has made to the international student program is significant," Hawley said. "I'm sure he'll be missed by the international students. But he has built a good base for the next person."

During Schneider's tenure, a new international student lounge was built and space was provided for an international student office as well.

Schneider's replacement, Downs, is a qualified person, Hawley said. He added that she could be a leading candidate for the permament position. But that decision will wait until Hawley's successor as vice president for student affairs is chosen.

"She's already built a good rapport with the students and has a natural interest in the international students," Hawley said.

Downs has also spent a year abroad—a year which she said gives her awareness of the problems and needs of international students.

"For the next two weeks [before Schneider leaves], I hope to spend a lot of time in the international student office, observing and getting some questions answered," Downs said. "I've got to learn a lot of information in a short time."

Downs said she is looking forward to the challenge of her new job. She added that combining her part-time teaching position with this part-time administrative position is "advantageous."

"I have access to new international students [with her teaching position] and I will also have the time to serve as an adviser," Downs said. "I'm looking forward to making their years here enjoyable and productive."

Mark Schneider

Barth advises Western aid

The United States and other developed countries of the West cannot be "isles of prosperity in a sea of poverty," the executive director of Lutheran World Relief told a Wartburg College convocation audience Wednesday.

Norman E. Barth, speaking on famine in Africa and especially in Ethiopia, said the U.S. and other developed countries must reorient their thinking and policies toward the Third World.

"It is only in recent months that the famine in Africa has begun to compete with the arms race for attention in the media," he said, "and only 40 percent of U.S. foreign aid goes for humanitarian purposes, while the rest is military aid."

Barth said not enough is being done for global development, despite predictions that five million children will die from starvation, and an equal number will be afffected by malnutrition.

Therein lies part of the problem, Barth believes. He says people can relate on a person-to-person basis to problems, such as the African famine, but have problems comprehending problems, such as 130-150 million people starving on the African continent.

Nor does Barth accept the argument, "You can't feed them all."

"How is it then that we spend $1.8 million a day on weapon development. Congress can do it—with your money. They already are doing it—with your money—for arms development.

"Africa's future is not bright unless the developed countries take note of what is happening."

Barth, whose organization assists both North Ethiopia and the Addis Ababa government-controlled provinces, said the solution must be long-range.

"Drought in Africa will reoccur unless long-range plans are developed, such as reforestation and the development of new seeds and water sources," Barth said. "The Africans need staying power."

It isn't just a governmental problem, Barth says. Every individual who participates in a relief program is sending out "a tiny ripple of hope."

In fact, he said, politics too frequently play a bigger role in distribution than actual need.

He said that falling food production by African nations, about 2 percent per year in the past decade, has forced them to import about 20 percent of the food they need at an annual cost of $3 billion.

Compounding the problem was the recent energy crisis. Tanzania, for example, uses 60 percent of its export income just to buy oil.

"Everything is inter-related," Barth added. "Starvation is just a symptom of a multitude of problems. Drought is just one factor among many. Civil wars, economic and agricultural policies, rising foreign debts, rising populations, the encroachment of the desert from the north, falling food production, all contribute to the greater problem."

newsbriefs

Chapel this week: Tuesday, Jan. 22—Services led by Seminarian Phil Wangberg, former Wartburg intern; Wednesday, Jan. 23—services led by the Rev. Jim Oltrogge, First Assembly of God Church of Oelwein; Thursday, Jan. 24—morning prayer led by Pastor Larry Trachte; Friday, Jan. 25—services led by the Catholic Knights in Buhr Lounge; Monday, Jan. 28-services led by Shannon Patrick, director of residential life.

Phil Wangberg, last year's intern-pastor at Wartburg, will lead chapel Tuesday, Jan. 22, at 10 a.m. in Neumann Auditorium. He has recently returned from South Africa. Wangberg will show slides and share experiences from his trip Tuesday at 8 p.m. in the East Room of the Student Union.

John Ylvisaker, song-writer and media consultant, will give a coffee house at 8 p.m. on Saturday, Jan. 26, in Buhr Lounge in conjunction with Spiritual Emphasis Week. Ylvisaker will also lead a contemporary worship service he has written at 10:30 a.m., Sunday, Jan. 27 in Buhr Lounge. The service is a resurrection/communion service based on the Letter to the Romans. The Meistersinger honor band will also participate in the service.

The movie Godspell will be shown Friday, Jan 25, at 8 p.m. in Neumann Auditorium. Admission is $1 or a season pass.

Meistersinger Honor Choir will present a concert Sunday, Jan. 27, at 4 p.m. in Neumann Auditorium.

A Candlelight Dinner Reception will be held in the East Room at 5 p.m. Wednesday, Jan. 23, prior to the 6 p.m. serving time.

Applications are now available for the positions of *Trumpet* editor, *Fortress* editor, *Castle* editor and KWAR station manager for the 1985-86 school year. Interested persons may pick up applications from Karen Funk in the Visitors Center. Please return applications to Kathy Meyer in the P.E. Complex by February 15, 1985.

A summer job workshop will be held on Tuesday,Jan. 22,at 3:30 in the Conference Room. How and where to look for a job will be discussed and guest speaker Drew Flathman will talk about camping opportunities.

SIGI: Career Development's new counselor

by SHELLY GREEN

Last week I spent a few hours with SIGI.

I must admit, I was a little uncomfortable at first. There I was sharing my goals and values with a total stranger.

SIGI, pronounced "Siggy," assured me that it would all be kept confidential. One should be able to trust a machine, right?!

That's what SIGI is, a computerized career guidance package that takes a values approach to career development. The exercises that you run through with SIGI help you to identify your values. It deals with making decisions about your career options based on those values.

SIGI broke the ice with a few games last Thursday. First, we used make-believe jobs and hypothetical situations to determine my values. Once I had decided that I would rather be a varisater (person who likes variety in his or her job) rather than a fluencer (a communications oriented person) SIGI got to the real life stuff.

The program has five phases. Determining values, locating careers that correspond with those values, and comparing a handful of those careers are the first three. Step three answers questions about how much your work would involve data, people or things, average pay, the opportunity to help others, where you would be employed, how much independence you would have on the job, how secure the job is, how many women are presently in that field, etc. The store of information that SIGI has is endless. Career Development Center director Rich Manke had prepped me about that.

Manke said the program is updated each year and provides accurate information about careers and where to go for more information.

The fourth stage involves planning for a selected three careers and the last stage takes the careers you've been toying with and makes you decide by desirability and risk of attaining that job whether or not you should pursue it.

The computer shared with me what it knew about journalism, writing, and public relations for starters. I really pumped it for info. How much you want to know from SIGI determines the length of your visit.

Manke said students can stop at any stage and return a later time to pick up where they left off. Each student who uses SIGI gets a placeholder number and next time I go see SIGI we can pick up where we left off and he won't forget me.

SIGI located a list of jobs that fit my values and explained why some jobs I expected to be there were not. Then we compared a few of the careers I was partial to.

The two of us planned how I would approach the careers I had narrowed my field to in terms of education and course work at Wartburg. SIGI had me pegged for a Foreign Service officer but I argued for Public or International Relations.

That's when SIGI admitted to me that what was best for me, was something only I could decide.

All in all we had a nice time. I walked out of the Career Development Center with a whole pile of computer print outs recording our dialog. Now I can compare for myself and take the leads from SIGI in finding more info about Foreign Service and PR.

SIGI is a good program to give you a few insights about what you might be thinking of for career choices. SIGI is beneficial if you approach it for what it is, a computer.

It's fun.

Manke thinks SIGI will bring in more students that don't care for the seminar or counselor approach to career guidance. But he emphasized that SIGI wouldn't replace the other systems.

"SIGI meshes with our other Career Development Center programs to give students leads on career choices."

Remember, SIGI is a machine, it's only a beginning to logging into your own goals and dreams for the future.

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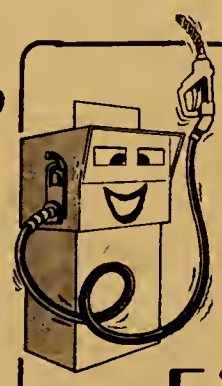

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Dance 'til you drop

Junior Nancy Moore dances the night (and morning and afternoon) away in the annual Muscular Dystrophy Dance Marathon Friday and Saturday in Buhr Lounge. Pat Simmons photo.

Wartburg West applications available for 1985-86 year

Applications for Wartburg West are available to students interested in spending the 1985-86 academic year in Denver, CO, according to the Dean of Faculty Office.

Students can obtain applications from the Registrar's Office. They must be returned by Feb. 25.

Participating students would take courses and an internship. Fall Term courses include Metropolitan Seminar I and War and Peace.

Winter/May Term courses include Metropolitan Seminar II, Arts in the City and Christian Ethics. An internship would also be arranged for Winter/May Term.

When applying for the program, students should indicate the type of internship which they desire. Every reasonable effort will be made to secure an internship which meets their interests.

Cost of the program will include the established Wartburg tuition plus no more than $100 per week for room and board.

Financial aid awards for the year will be based on the anticipated costs of the program.

Students may participate in the program either for Fall Term only, for Winter/May Term or for the entire year.

It is planned that students will obtain room and board at St. Thomas Seminary. Specific arrangements with the seminary will be made when the number of students participating is known.

To be eligible, students must have completed at least 16 course credits toward graduation by the end of the current Winter/May Term. They must also have at least a 2.0 grade point average overall and in their major(s). Students not meeting these requirements may request a waiver of the rule.

Visiting Fellow Bolin on campus Jan. 20-26

The recently-retired vice chairman and executive officer of the World Banking Division of Bank of America will be at Wartburg Jan. 20-26 as a Woodrow Wilson Visiting Fellow.

William H. Bolin, who retired last March after 37 years with the bank, will spend the week in intensive dialogue with students, faculty and community members.

One public lecture is scheduled on campus. It will deal with "Third World Development Options" and will be at 8 p.m. Wednesday, Jan. 23, in Buhr Lounge of the Student Memorial Union. The public is invited to attend without charge.

Bolin will also address the Waverly Rotary Club Thursday on agricultural exports.

The majority of his time will be spent in the classroom and meeting with students on career opportunities. A limited number of outsiders can be accommodated in the classes for those who might wish to sit in on his discussions. A schedule of his classroom appearances may be obtained by calling the Public Information Office.

Prior to his appointment to head the World Banking Division of the Bank of America in February 1981, Bolin was in charge of the bank's Latin American/Caribbean Division. He was named vice chairman of the bank in December 1982.

A graduate of the University of California, he studied at the University of Mexico before joining Bank of America's international banking department at the San Francisco head office in 1947. During his early years with the bank, he was selected for a Bank of America-Giannini Foundation scholarship, which he used in South America and Mexico City to study Latin American law, banking and business practices.

Bolin was assigned to the bank's Latin America Division in 1949 and remained there for 11 years, becoming an assistant vice president in 1956. The following year, he was named branch manager and given the task of opening a new branch of the bank in Guatemala City, the bank's first in Latin America.

He was recalled to the head office in 1960 and made an assistant vice president in the Middle East and African Division. Promotion came rapidly: in 1961, he was promoted to vice president in charge of the bank's offices and affiliations in the Middle East and Africa; four years later, he was appointed head of the Latin American Division. He was elected senior vice president in 1968 and executive vice president in 1975. As head of World Banking, he also was appointed to the bank's Managing Committee.

Bolin has been active in professional groups. He is past president and currently a director of the Pan American Society of San Francisco, a trustee of the World Affairs Council of Northern California and Bank of America representative for the Bankers Association of World Trade.

He is also a member of the San Francisco Committee on Foreign Relations, the U.S. Advisory Board of INSEAD, the Bay Area Committee on Foreign Relations, the board of the Institute of International Finance and the Overseas Development Council, the finance committee of the International Host Committee and the San Francisco World Trade Association.

Prior to his retirement, he was chair of the International Banking Division of the American Bankers Association.

This is the second year of participation for Wartburg and the fourth Fellow to spend a week on the campus under the Visiting Fellows program, which is designed to bring about closer relations between the academic and non-academic worlds.

The Visiting Fellows, who come from a variety of professions, counsel students for careers, delineate the importance of ethical values, promote understanding of global interdependence and stress the importance of skillful communication.

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editorial

Students upset with college's focus on image

The college is already preparing for next year's probable record enrollment. For many, a record enrollment is good news. It is a sign of more students buying a good product. But others view a record enrollment resulting from an image-conscious college concerned only with recruiting students.

Unfortunately, many students see evidence of the latter statement growing.

In the fall, Wartburg enjoyed a high enrollment. In the winter, a high drop out/transfer figure is expected.

The reasons for students leaving are several. One is the emphasis towards prospective students, combined with the disregard for current ones. On visitation days, Homecoming and Parents' Weekend, registered parties are prohibited. The common argument of the faculty and administration is "we don't want high schoolers drinking." They do anyway. Current students see the college trying to create a false image of itself.

Another reason for falling numbers is housing. Although students weren't tripled up, many were asked to move off campus. A higher percentage of off-campus students is not very conducive to a strong "campus community." (You know, the same *"campus community" highlighted in admissions brochures*).

The college argues that building a new housing unit isn't feasible. What is feasible, though, is pumping millions into aging Old Main which serves primarily as an image-booster for the college (It's on the National Register of Historic Places).

Another problem many students cite is academic pressure. Although a strong academic program is another argument used to sway prospective students to choose Wartburg, is it academic quality, or quantity? By simply piling on more work, are students becoming better human beings? Many students feel bogged down, causing pressure to increase.

That academic pressure is heightened when students have no outlet for relieving that pressure. There is no place to go on campus (or in Waverly) to let off some steam. But providing a place on campus again isn't feasible. What was feasible, though, was spending thousands to make Buhr Lounge look nice, severely decreasing its functional ability at the same time. It was also feasible to carpet Clinton Hall's Lounge, leading to the elimination of dances there (It's a good thing Players Theatre didn't go with the theater program or students might only have the rain to dance in).

Students view social life as important; they see the college viewing money-making and admissions as more important. The college has over 30 persons working in admissions, development and college relations, and has but one, part-time student activities director.

Faculty and administrators say students should take the initiative and create their own fun. But that "fun" is restricted by a glut of rules and regulations (Students find college a time to become independent, they want to leave their parents at home).

The college does a good job of maintaining a good image outside of the campus, and this is important to a point. But maintaining good relations with students is more important. Perhaps more of a focus should be aimed at current students, or those current students might fall under the label of former students.

Dorms–Prison or Paradise?

This has been a big week for me. I was called to testify before a Presidential Commission. Well ...truthfully it was only President Vogel's ad hoc committee on campus life, and I was really only asked to share my perceptions of the last decade of life as a campus pastor at Wartburg.

The opportunity did set me to pondering—what can be done about the dorms? I asked quite a few students about impressions of dormitory life this week, and goodness knows I've heard enough other impressions in 10 plus years of counseling. Sadly, our dorms don't grade out very well. The most positive comments seem to be, "Oh, they're OK for a year or two—if you're on a good floor."

I'm glad the President appointed this committee. The recommendations that are made could be insightful for the future of life at the Wart. Naturally as with recent class schedule debate, I have my own alternative proposals.

I read somewhere that Hugh Hefner's Chicago Playboy Mansion was being converted into a dormitory for some college...swimming pools, revolving beds, mirrors, closed-circuit TV sets and all. If Wartburg had that kind of option, can you imagine the lines at the sign-ups each year? Hopefully no one would poke holes in the ceilings, break the mirrors, or rip-off the telephones the first week or two. It is too bad that Chicago is a bit far for commuting, or Hefner might have donated his mansion to Wartburg. I understand his magazine is "read" nearly as frequently as textbooks.

Perhaps more practical for our purposes would be a fine facility like Alcatraz. While in San Francisco this summer we took a tour of "The Rock." In some ways it reminded me of the condition of our dorms come the end of May...broken glass, graffiti, but no holes in the concrete ceilings. Apparently some of their residents didn't respect the property either. The furnishings were simple...in line with *the Trumpet* suggestion last fall that the college should not buy expensive furniture, which will only be broken anyway. Though farther away than Chicago, Alcatraz would have some real advantages. There certainly would be no security problems, and visitation could be enforced with a clang!

I suppose that it is unlikely that Clinton Hall or the Complex will ever resemble either of the above recommendations (Grossmann looks a little like a mansion from the outside—use your imagination!). Most students would probably settle for less than the "Chicago plan," while recruitment of new students might suffer if the "Alcatraz Option" were carried out.

Seriously, I do think that the vast majority of students are ready for a change, especially if it's a change they have a role in implementing. Dorms need to be safe. Unfortunately, in this day and age it probably means locking the doors. I doubt that many live in homes that are unlocked these days.

As a faculty member, it would seem to me that dorms ought to be quiet enough to study when desired, to sleep when needed. One shouldn't have to listen to the neighbor's stereo, especially if one doesn't like his taste in music, or if she lives two floors above.

Pastor's Ponderings

by LARRY TRACHTE

In spite of all shortcomings, our dorms are still "home" to students, and floors are the closest thing to family that one can find on this campus. Relationships developed here may last a lifetime. Students finally have to accept the major responsibility for determining what their "home" and "family" is going to be like—a prison or a paradise.

At our annual chaplain's conference held at Yale University some years ago, a junior student gave a number of us a tour of their dorms. He even took us into his room and through the cafeteria. There were original oil paintings on the walls, leaded windows, carved doorposts, and etched mirrors. My mouth must have been open for most of the tour. I finally blurted out, "But don't you have a lot of vandalism or stealing with all these valuable things out in the open?" He looked at me with a bit of Eastern scorn, "Why of course not, this is Yale."

What ever happened to "Wartburg Pride?"

Several changes in four years

I can't help but notice that every time I talk at any length with any senior or alum, he or she invariably says at some point in the conversation: "Things sure have changed at Wartburg."

It happened again the other night, and being in a semi-ornery mood at the moment, I nailed him with an "Exactly what the hell are you talking about 'changed'? I don't notice any difference—unless you're talking about all the construction."

"The buildings are only part of it. A small part," he said. "I'm thinking of the big changes. Not physical changes. Attitude changes."

"For instance?" I asked.

"Well, take the cafe for instance. When I was a freshman we didn't have the choice of a salad bar let alone the use of microwave ovens. We never had the pizza offer at noon or boxed cereal available all day long.

Just Scoping

by BETH WAGNER

"Can't you remember life at Wartburg before granola? Students today don't have the skill we had at finding something good to eat on a 'bad day' in the cafe. It's unreal!"

"That's a big change?" I said. "I'd call that progress."

"Progress, HA. Look at the conservatism on this campus. Seldom is there heard loud music blaring out the window on a weekday. Clinton Hall is being parolled day and night for law breakers and the entire school is being 'sanctioned' from so called normal college life.

"Oh and there's more." he said. "Do you remember not so long ago when we could have all-campus parties in Clinton Lounge. At that time we were even allowed to carry alcohol into the lounge upstairs. Those were the days."

I had to tell him that the college has undergone problems recently with alcohol and intervisitation.

"Are you trying to tell me that was not a problem four, five or even ten years ago? My dad told me that as a sophomore at Wartburg he was put on probation for allowing a girl to come up and see his Christmas tree. Now that was during the school days of Diers and Fritschel. Why should they think times have ...changed?

At this point in the conversation I had to emphasize that it is progress and that rules have to change with the times of today. Students today have so much to worry about, getting a job, gaining experience and keeping that job once they find it. That feeling is bigger than the students at Wartburg, it's everywhere.

"Don't even try to tell me that those are new worries for college students," he said. Students today want security. They thrive on security. Let me give you some more Wartburg examples.

"Wartburg students no longer freeze their butts off when they walk from the cafe to Luther. And they can't even use Buhr Lounge as a place to let loose, dance and enjoy a good game of hacky sack. I hear you can't even hang decorations for dances in there. This school is just crammed full of rules. The students don't have responsibility and since I see no big complaints, they obviously like that sense of security that the college is giving them. These kids have it too easy."

"Now what on earth is wrong with that?" I asked him.

"Just look. What's life without discomforts? Go ahead," he said, "give me that unbelieving look. Next you'll deny you saw any significance in the popular courses and popular profs these days."

I had to admit that, yes, I did see change in popular classes and that, no, I didn't see any "special significance."

"You are asleep," he snapped. "That means once again that the liberal arts college isn't doing its thing. It's not long ago when Wartburg pushed spontaneity, creativity, experimentation and liberalism."

He had something there, I agreed.

Right about then—at the very height of my friend's concern over all this "change"— I had to cut off our discussion to get back to class. "Relax," I prescribed. "Everything's going to be all right with Wartburg."

I walked to class and as my friend predicted, I didn't even have to put my coat on to walk through the "bridge." Maybe , I thought, we do have something to worry about. But once I sat in the back row of Facing Death class, I dismissed my friend's phobia about change as a figment of his imagination.

Suddenly as if I'd been hit broad side in the middle of a frisbee golf game, I realized my friend was right. Sitting directly in front of me was a guy wearing a t-shirt with the words,"I'd rather be in preschool."

knightbeat

'Wartburg family' can shape change

by BETH OLSON

Once, a friend told me, "the only thing which stays the same is change." That truth becomes even more meaningful now as I reflect on my stay here at Wartburg College.

Certainly many of us recall the initial excitement of making the break from home. Finally free! Even the first tests and papers did little to diminish our thrill. But the initial reverie gave way to reality as I got caught up in the routine of going to classes, doing homework, and working in the caf. Days and weeks melted together and, before I knew it, the year drew to a close. It felt good to be done, but I knew August would bring readiness for a new year at the Wart.

Now it's my senior year. In my three years here, I've witnessed numerous, and in some cases dramatic, changes in Wartburg College—changes which have affected both the philosophy of this school and the student body itself.

Perhaps the most marked change relates to the academic atmosphere which has developed. (Various students have repeatedly said that the pressure to make the grade is more intense than it has ever been.) Is it because students here are more stupid now and have to work harder? I think not.

Or is it because the pursuit of academic excellence is equated with increasing the homework load? If this is the case, then a reassessment of how learning occurs is in order. Do students learn when they have to do more busywork; take two additional tests, write three more papers, or read two more books? Is it not possible to study less material more intensely and perhaps learn even more? Bulk does not always guarantee learning.

Academic achievement is vital, but there is also a time and place for community building. When I came to Wartburg, there seemed to be a healthy balance between these two. Today, however, the focus seems to be on teaching people how to make a living rather than teaching people how to make a life.

Why, you ask? I admit I don't have all the answers, but consider this: there is a circle which enslaves each person, from Regent Board member to student. The circle's beginning is society's cry for excellence. Certainly many have heard the results of the "Nation at Risk" report: "America is falling behind its competition; education isn't doing the job it should," etc. The circle tightens as requirements are re-evaluated and made more stringent, as professors are urged to assign more homework, and students catch the full force of the demands. The circle draws to a close when students decide to either stick it out or drop out.

Irony is apparent in student attendance at "educational events." Hear the familiar words: "Why don't more students go to convo?" "What? You didn't go to the Artist Series last night?" The student responds, "No, I had a test, paper [or whatever] due in so and so's class." And it may have even been in your class.

While I agree that academics are the reason for going to college, at least a college like Wartburg, there are also numerous other things to be learned outside the classroom. But many students get caught up in the rut of studying, and forgetting about life beyond the textbook, and help the circle of scholarly stagnation perpetuate itself.

Perhaps it's time for Wartburg to reassess its priorities. The problems we face can be solved: community spirit can be revived; a healthy perspective about academic excellence can be restored. But before any of this can occur, people—students, faculty, staff and administration alike—need to decide what is truly important.

This is a joint endeavor. Common unity will only evolve from people working with one another, not dictating to one another, if a Christian liberal arts college, (supposedly) dedicated to fostering cooperation, growth and understanding among people, is to continue.

But, what can be done? Let's create a number of options. I propose the following: First, each department could design and establish a suggestion box. It could be put in a convenient location so all students could have access to it. Then these ideas could be reviewed daily and action could be taken immediately.

Second, imagine what would happen if each department and its majors would sit down together, rap openly, and brainstorm about what they'd like to see happening, both in the department and on the campus. "There is a lot of gold on this campus just waiting to be mined," as a friend informed me.

The prototype of this "departmental meeting" would resemble a town meeting. All students would feel free to express their opinions, regardless of whether they were "A" students or "D" students, and all would know that their contribution mattered becuase they were listened to and respected.

Further, all would be on an equal, first-name basis. When ideas, opinions and suggestions were directly solicited by those higher up, they would at least be given consideration instead of being dismissed or, worse yet, ignored.

Finally, a few representatives from each department would sit down with various administrators—who have also been involved in the meetings by sitting in on various discussions—and review various courses of action. Only by building this kind of direct trust relationship will any kind of turnaround be possible.

Change is the only constant. Not positive change, not negative change, simply change itself. We the people can affect that change, though, and help influence the atmosphere of Wartburg College. I sincerely believe that we can make Wartburg even better.

Nothing is without its faults—neither you, nor I, nor the institutions we help maintain. But there is always room to make the preceding better. What we have before us is a tremendous challenge, but it is an even greater opportunity. Let's not close the door on that opportunity and lock ourselves in. Let's instead reach out to one another as human beings, created in love by God, and re-establish the healthy balance of scholarship and Christian community that each of us knows can be achieved.

letters

Stacks of homework never seem to get smaller for freshman Zick

Today, like every other day, I feel like I can never sit down to get any amount of work done—not even a small dent in the pile that has been building up the last two days. I have so much homework that I have to stay up late to do it all, and it still does not get done. Every class I go to, the profs say: read the next two or three chapters and know it all for tomorrow. They have told us that we should study two hours a night for each class we have. If you think about it, that is impossible! There ...are not that many hours in one day unless you want to get about one hour of sleep.

I get up at 6:30 a.m.—can hardly move because I am so tired—go take a shower, and wait forever to get in. I get ready and go to the cafe for breakfast. This is the only time I can "relax," if that is what you call it. I chow down my food so I can make it to class on time. Now is when the fun starts. I get to sit through exhilarating lectures, and at the end of them, they tell you to read 100 pages for tomorrow. When every prof asks you to do that, your mind starts saying forget it and quit. There is not enough time to read all of that in one night and be able to retain all the information. I do not have any free time to myself, because after classes I come back and do the reading that I can get done. Then I get to start all over again. Is it all worth it in the end? I'm beginning to wonder! My mind starts spinning like a top that a child has been twirling for the last 10 hours.

I want to know if there will ever be time for myself, or if I will be able to talk to my friends without worrying that I do not have my homework done. Where did the socializing part of school go? All I do lately is work, work, work! The last two weekends, I have been in my room working—which I do not like. I would rather be at the basketball game than sit and do homework. I like to have time to rest and do things that I like. It bothers me that I cannot do what I want. I am hoping that the pressures will go away and that I can have time to do things that I want to do, soon!

Kim Zick,
freshman

knightbeat

Box tapping on a Friday night

by SHELLY GREEN

"Sssshhhh! Somebody's going to hear us! Watch where you're stepping, that's my hand!"

"If you'd let me use my pen flashlight this wouldn't be so awkward."

"Here's the box, hand me the bobby pin. There! The lock is off. Wow!"

"Heh, let me see, what is it?"

"Boy are there a lot of suggestions in this 'If I Had It My Way box.'"

"Let me see!"

"Hand me the flashlight fool!"

"Hmmm. Here's the first one. Hold that light a little closer. This first one says, 'I think the administration is more concerned about prospective students than students on campus now. They ought to reevaluate their priorities.'"

"Right on, let me read the second one,"Reevaluate the role of the RHC's and those presently in those positions.' What's your s say?"

"Wait a minute, it's a little crumpled. 'We want to be consulted when the schedule for next year is being planned—we go to school here.'"

"Mine says, 'How much money does it cost to buff the floors in the 'bridge' every day?' Heh, these are pretty good!"

"Ssshh! We have to hurry or we won't get them all read. This one asks, 'Why is the door in the Complex between Hebron and Centennial II locked at 10:30 p.m. and still locked at 10:30 a.m. the next morning?' Wonder what that's all about?"

"Don't worry about it now, we have to hurry, you said."

"Don't get sore, this is fun isn't it; daring too."

"Yeah, this is the best Friday night entertainment you've dreamed up in a long time. Go ahead, read yours."

"It asks, 'who decided that we have to let Regents and others eat in the cafe while we get a refund or sack lunch or eat in the gym.'"

"Here's one, 'Why do band members and athletes *who must eat in the cafe after 6 p.m. have to settle for* leftovers and measly portions?'"

"This one is good, 'Get us a chapel that's bigger than Danforth and solely for worship.'"

"Mine wants to know, 'When will we be allowed to study in Buhr Lounge again?'"

"This one is along the same lines, 'Can we have a dance in Buhr with a theme and decorations?'"

"I like this one, 'We want Spring Outfly back, it's tradition.'"

"This one isn't bad, 'Students keep this institution going. Let's have full-time student activities directors and international student advisers.'"

"'We wish the administration would really listen to Student Senate instead of holding them up as a token voice of the student body.' That one's got some sense to it."

"This one's cute, 'I don't want to pay for Grossmann Hall if I have a party and someone burns it down.'"

"Speaking of parties, this one says, 'I came here to choose my major, my career, my friends, my lifestyle and when and if I'll party.'"

"Yeah, that's okay, but they have to follow rules."

"Why so many, though? We know peeking at these might be wrong but what about walking through Hebron to keep warm when I got off work at 1 a.m. last night. Security got all over me."

"You lucked out, I'm surprised Security was around at all. They're usually patrolling the parking lots and meeting their ticket quota. This one says, 'Abolish Nasty World.'"

"Ahh, they shouldn't do that, I sort of liked the astrology part."

"I agree. They should revise it, but no, hundreds of students are suffering through it again . Senate is looking into it I guess."

"Heh, quiet! Somebody's coming!"

"Hand me the lock."

"I don't have it, you do, fool!"

"It's just another student. Let's get out of here, though. I'd like to read the rest, maybe tomorrow night."

"Sounds good. Whoever cracks this has a lot of questions to answer or better start doing something about this student discontent."

Wartburg Trumpet

Published weekly during the school year by the students of Wartburg College, Waverly, IA 50677. Offices located in Neumann House, (319) 352-8289. Mail subscription rate: $10 annually.

Second-class postage paid at Waverly, IA 50677. Views expressed are those of the editorial board and not necessarily those of the administration, faculty or staff of Wartburg College. Founded in 1906 as the *Wartburg Quarterly*.

Cagers lose twice; face Luther Friday

by TIM MANNING

While most of the students were trying to keep warm, the men's basketball team had a rough time trying to cool down its opponents, as the cagers dropped two key conference games this weekend.

The Knights found themselves fighting back from deficits in both the loss to Central, 72-58, Friday night, and the 90-79 verdict to Simpson Saturday, as the Knights fell to 7-9 overall and 2-3 in the conference.

Conference Standings

Central	4-1
Dubuque	4-1
Simpson	3-2
William Penn	2-3
Wartburg	2-3
Luther	2-3
Buena Vista	2-3
Upper Iowa	1-4

"It is so important to get out to a lead, especially on the road." Coach Buzz Levick said. "It's much easier to make mistakes when you're trying to catch up."

In the loss to Central, the Knights played well enough to win in all categories, but could not stop the hot-shooting Dutchmen.

Despite dominating the boards and getting 16 points from junior forward Ward Prine in the first half, the Knights failed to take the lead from the Dutchmen, who shot 56 percent from the field to take a 33-29 lead at the half.

"I thought we played well in the first half, but they got their transition game going in the second half," Levick said. "They are probably playing the best of any team in the conference right now."

In the second half, however, the Dutchmen gave a rebounding clinic of their own, and continued their hot shooting, leading by as much as 19 late in the game.

"Any time you are in a close game, rebounds will decide the game," Levick said. "Their big front line made the difference."

Central, with four players scoring in double figures, made the Knights pay for their gambles, and iced the game away with the fast-break game.

Leading the way for the Knights was Prine, with 23 points. Freshman center Art Sathoff added 14, and also had a team-high 12 rebounds.

Central's record increased to 4-1 in conference play, and now stand atop the conference standings along with Dubuque.

In the loss to Simpson Saturday, the key to the outcome was again the Knights' inability to stop the transition game.

Simpson was merciless as they put the game out of reach early, leading 43-25 at the half. The Knights could not contain the Redmen, who shot 59 percent from the field.

"I don't think we played as well as we're capable of playing," Levick said. "Our defense was poor, and they were able to penetrate. They made some difficult shots, but also made good efforts to get those shots."

After being behind by 20 points in the second half, the Knights made a courageous comeback, but couldn't stop the offensive punch of Simpson despite dominating the boards.

Again the comeback was led by Prine and Sathoff, who had 25 points and six rebounds apiece.

"Art [Sathoff] made some difficult shots and Ward [Prine] was consistent in both halves," Levick said, "but they didn't get any help."

Simpson had five players in double figures, one of them off the bench. Simpson's record increased to 3-2 in conference play.

The road doesn't get any easier for the Knights as they have three more games remaining in the five-game road trip before returning home.

The Knights will travel to Decorah Friday to play conference-rival Luther, which has won its last two road games and is tied with Wartburg for fourth place in the conference.

"They have a premier player in Scott Sawyer," Levick said. "When he is on, Luther is tough to beat. They are emerging as one of the teams to beat.

The Knights then travel to play Dubuque, who leads the conference along with Central at 4-1. Dubuque boasts Tim Lundquist, who was the second leading scorer in the conference a year ago.

"They have excellent quickness, particularily at the guards," Levick added. "It is important that we get out in front."

Sophomore guard Barry Huber goes in for two points in the Knights' win over Buena Vista Tuesday. The Knights lost two Iowa Conference games to Central and Simpson over the weekend. Pat Simmons photo.

Sohpomore Jeff Aden scores in the Knights, 104-83, win over Luther Saturday. John Ross photo.

Knights claim J.V. tournament title

by MICHAEL B. WIRTH

By scoring 180 points in two games, the Knight men's junior varsity squad rolled past two Iowa Intercollegiate Athletic Conference (IIAC) schools to win their own tournament Saturday in Knights Gymnasium.

In the first game, the Knights beat the University of Dubuque Spartans, 76-70.

The Knights were led by sophomore Jeff Aden, who collected 25 points and 13 rebounds. Freshman Mark Rolinger was the only other Knight in twin numerals, with 14 points.

"Jeff [Aden] made the decision to stay here and play rather than have a weekend with the varsity," first-year Coach Clayton Wilcox said. "He realized that he needs playing time to become a varsity player. He played two consistent games."

Wilcox said the Knights' defense and fast-breaks helped the Knights win the tournament opener.

"I really liked our defensive pressure," he said. "Because of it, we had a lot of fast breaks that ended up in lay-ups.

"Marvin Spencer [freshman] made his first start for us," Wilcox said. "He really helped us in transition."

In the championship game, the Knights destroyed IIAC rival Luther, 104-83. Luther had beaten Central, 71-64, to make the finals.

Freshman Casey Cason led the Wartburg attack, going on a 24-point scoring spree. Aden (21), Rolinger (16) and freshman Jeff Schumaker (10) also finished in double figures for the Knights.

Aden and Rolinger also combined for 21 rebounds.

Perhaps the story of the game was the Knights free throw shooting, though. Led by Cason's eight of nine, Wartburg shot 22 of 25 (88 percent) from the line.

Wilcox said a large reason for the Knight's victories over the weekend was there consistent play.

"We're starting to put together consistent minutes," he said. "We've got five guys playing well together when they're on the floor.

"They're starting to fit into the system Coach Buzz Levick and I want them to be in," Wilcox said. "They're really starting to see what we want them to do."

Wilcox was also pleased with the play of freshman Eddie Geitz, who came off the bench to collect four rebounds and four points.

"Eddie [Geitz] has come a long, long ways," Wilcox said . "He's really improved."

Wilcox wasn't completely pleased with his squad's performance, though.

"When we get eight or nine points up, we need to run our offense and do the things that got us there," Wilcox said.

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The *Trumpet* will offer half-price classified ad rates for its Feb. 11 Valentine's Day issue. Ads can be purchased for only five cents a word. Cash with copy only. Send your ad (along with your money) to box 1448 before Thursday, Feb. 7. Classified ad sheets can be obtained in Neumann House.

Freshmen impressive as wrestlers lose

by CRAIG SESKER

Ignited by a pair of falls by freshmen Matt Parmely and Walt Vering, the Knight wrestlers made an excellent showing before dropping a heartbreaking 24-23 decision to Northeast Missouri State University (NMSU) in Knights Gymnasium Saturday. Earlier in the week, the Knights fell to Loras and Coe.

"We were just miserable against Coe," Coach Dick Walker said. "We came back and did the best we possibly could against Northeast Missouri, with the exception of Scott Ruhnke. The kids were out there hustling and I don't see the scoreboard as the ultimate criteria.

"Given our situation, I couldn't be more pleased with Vering and Parmely," Walker said. "Both have made a great transition to college wrestling."

Parmely (14-7), wrestling in the 167-pound weight class, completed a supurb week by pinning all three opponents he faced, rallying from behind twice.

"Parmely has excellent body position and scores points in unreal situations," Walker said. "It would be a coaching mistake to take away his individuality."

Vering also continued to sparkle in the heavyweight class, as he was also undefeated during the week, recording two pins and a decision to push his record to 13-8.

One of the most encouraging factors for Walker's squad is the improvement shown by freshman Dennis Gaul, who picked up his first win of the season Saturday. He lost to his Loras opponent 7-5 before rebounding to conquer his NMSU counterpart, 5-0.

"The reason I'm doing better is because I'm working harder in practice," Gaul said. "I went after my opponent instead of letting him come after me. The whole team's had a change in attitude after the Coe meet."

Freshman 150-pounder Brian Millage was also impressive as he rolled to a 12-2 decision in the NMSU dual after dropping close matches ealier in the week. Millage's victory was notable as the Missouri wrestler had defeated Wartburg four-time conference champion Mike Hogan last season.

Ruhnke, competing at 190 pounds, claimed two close decisions against Loras and Coe before surrendering a fall in the NMSU dual.

The week started slowly for senior Bing Miller. He drew a 5-5 decision with his loras foe and dropped an 11-6 decision to his Coe opponent. He then rebounded to post a 9-1 victory in the NMSU dual.

The Knights will face a pair of Iowa Intercollegiate Athletic Conference (IIAC) foes next week, hosting William Penn Tuesday and traveling to Pella Thursday to tangle with IIAC favorite Central.

"Against Penn, if we wrestle as well as we did today, we'll be competitive," Walker said. "Central's rated number six in the nation, and I think they're better than that, so we'll have a tough trip."

Junior Scott Ruhnke tries to gain back points in Saturday's meet against Northeast Missouri State University. The Knights lost, 24-23. Dave Matin photo.

Cagers' hopes dimmer after tough weekend

Freshman reserve center Donita Heikens drives in for two in Tuesday's loss to the Buena Vista Beavers.

Struggling Knights to face Luther, Dubuque

by TIM MANNING

The women's basketball team struck another downfall in its conquest for the conference title as the Knights lost two all-important conference games this weekend.

The Knights, who have now lost five of the last six games, lost a close decision to Central, 67-64, Friday night, and fell to Simpson, 78-63, Saturday night. The Knights' record fell to 4-8 and 1-3 in the conference.

In the loss to Central, the cagers dominated the boards and allowed Central to shoot only 37 percent from the floor. Coach Kathy Meyer said that, although the team played well, they couldn't make the shots when they counted.

"We always play pretty good defense, but we need a little more offensive punch," Meyer said. "We need a little more patience on offense, and hit the outside shots."

The game was close throughout the first half, and despite 23 points combined for junior center Sue Klahsen and senior forward Sharon Ubben, the score was dead even at the half.

Yet, in the second half, the Knights suffered 18 turnovers and watched Central take an eight-point lead with 10 minutes left. With two minutes left, the cagers ran off six-straight points to come within one, but ran out of time.

"We had too many turnovers," Meyer said. "We started playing better late in the game, and if there was more time we might have won."

Pacing the scoring attack for the women were Klahsen, who had 24 points and 10 rebounds, and Ubben, who had 19 points and 11 rebounds.

In the loss to Simpson, the Knights didn't seem to get off the bus until it was too late, and suffered their biggest loss of the season.

"Things didn't seem to click," Meyer said. "We had trouble the last time we played there, also. It was just that we were flat."

Led by All-American Laurie Swankey's 21 points and 14 rebounds, and All-Conference guard Cindy Wood's 26 points, the Redmen jumped out to an early lead and never looked back. Simpson led by 15 at the half.

After getting behind by 20 early in the second half, the Knights came back to within 10 due to a stingy press, but the Redmen iced the game from the charity stripe.

"We took some gambles and they got the best of us," Meyer said. "They were in control of the game and we were the ones trying to come back."

Klahsen and Ubben paced the Knights with 15 points apiece, and senior guard Lori Brown added 12. Senior forward Sandy Bill had a team-high 12 rebounds.

Meyer said the losses will hurt the team's motivation, but the team will not give up.

"We have enough seniors that want to end the season on a good note," she said. "We can't look back and say we should have done this or that, but we have come to the conclusion to take one game at a time. We can beat anyone in the conference."

The women, however, have some big challenges this week, when they travel to tangle with conference-rival Luther Friday and Dubuque Saturday.

"I think we'll be up for them [Luther], but we have always had a hard time playing there," Meyer added.

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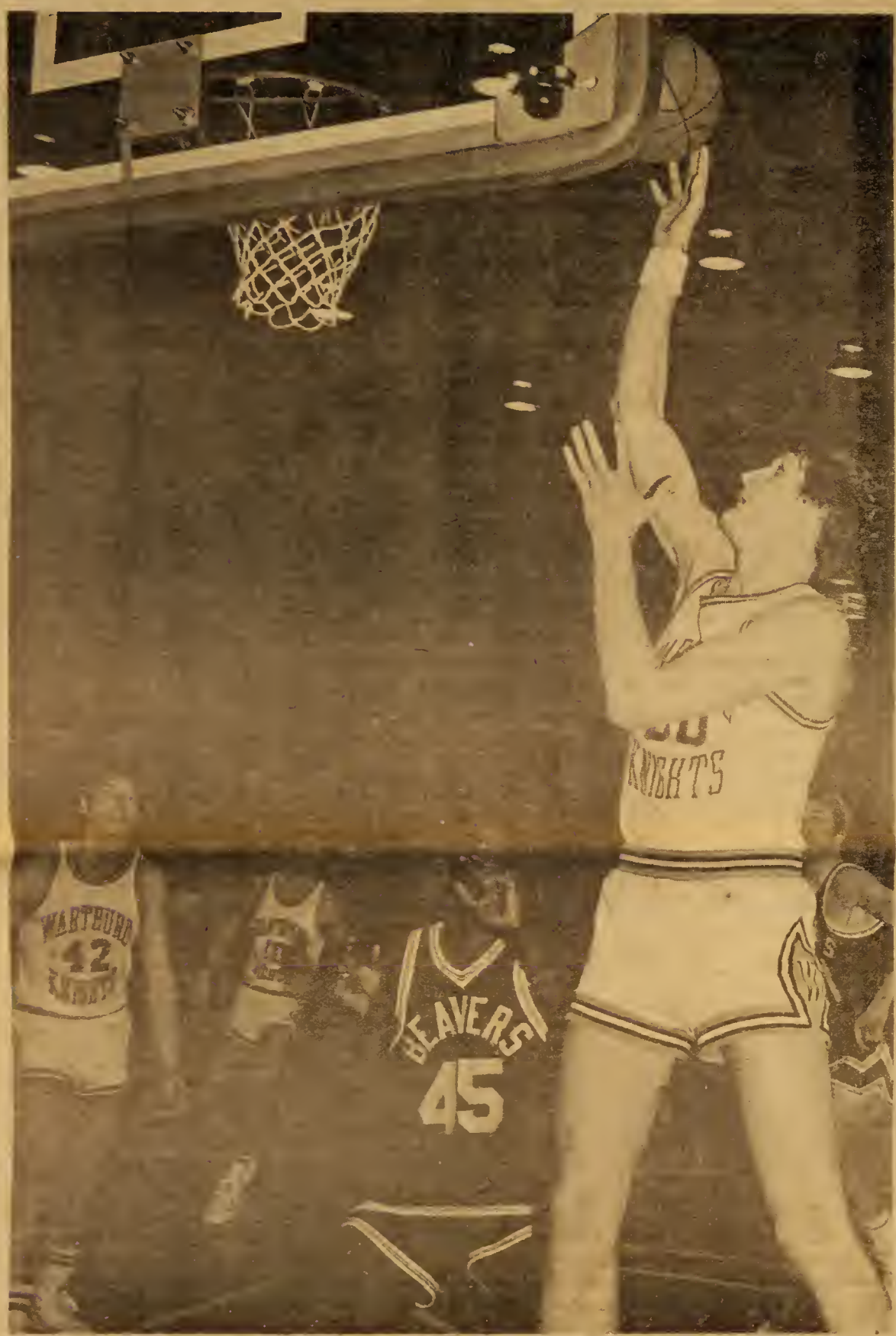
Sathoff contributes to Knight line-up



Freshman Art Sathoff (shooting) is the only freshman to start for Coach Buzz Levick's Knight Basketball team. Sathoff, a native of Iowa Falls, has consistently led the Knights in scoring and rebounding this season. In the Knights two losses two games over the weekend, Sathoff collected 39 points and 18 rebounds. He is also a Regents Scholar. Sathoff and the Knights will face Luther and Dubuque this week. Pat Simmons photo.

Also finds rewards through academics

by DARREN MILLER

Playing college basketball isn't easy. Boxing out, grabbing rebounds and sprinting up and down the court all make the game difficult. Contributing to a college team as a freshmen is even more challenging. But Art Sathoff is doing just that.

Sathoff, who was elevated to the starting center position in only his third game at Wartburg, has consistently led the Knights in scoring and rebounding.

Sathoff's leading the Knights in scoring and rebounding comes as no surprise to those who know him. He was a three-year starter for Iowa Falls, where he guided the North Central Conference squad to two state tournaments and a 59-9 record in three years. Iowa Falls placed third at state both years, while Sathoff averaged 24 points and 15 rebounds as a junior and 31 points and 20 rebounds as a senior.

Because of his basketball ability, Sathoff caught the eyes of many coaches across the country. Iowa State, Drake, Santa Barbara, Texas-El Paso and all the teams in the Division II North Central Conference recruited him.

The talent that earned Sathoff all that attention, also earned him the starting position for Wartburg. As the only Knight freshman in the starting line-up, resentment could come from upperclassmen, but Sathoff says that isn't the case.

'Basketball takes some talent, but if you play a lot, you're bound to get good. The biggest thing is desire and hard work.'—Art Sathoff

"All the players are accepting," Sathoff said. "There's a good team atmosphere where they're all worried about winning. That's the way it should be."

Along with playing basketball, Sathoff enjoys playing cards, playing frisbee golf and being in his parent's antique shop.

Even though he takes time out to enjoy all his hobbies, Sathoff graduated from high school with a 3.94 grade point average, which earned him a spot on the Academic All-State team in basketball and the National Honor Society. He was also a State of Iowa Scholar and a Regents Scholar.

"I've always taken them [academics] seriously," Sathoff said. "Being able to think is also very important on the basketball court.

"I picked Wartburg because of its academic standing," Sathoff said. "Plus my mom, dad, sister and uncle all went here and it's convenient being close to home."

Sathoff's philosophy toward hard work in the classroom shows through on the court, too. As a high schooler, he was named to the All-Conference team three consecutive years, as well as being Special Mention All-State as a sophomore, 3rd team All-State and making the All-Tournament team as a junior. As a senior, Sathoff was named to the 1st team All-State squad by the Iowa Press Association and captain of the All-Tournament team.

"Basketball takes some talent, but if you play a lot, you're bound to get good," Sathoff said. "The biggest thing is desire and hard work."

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Manning gets lost

Insanity important part of Luther run

by TIM MANNING

It isn't recommended that you have to be insane to be one of the few participants in the 75-mile run to Decorah at this time of year—it's required.

The ultimate for average runners is a sunny day with little or no wind, but the ultimate for the neurotic runners (like those who will participate in "the run to Luther" Friday) is sub-zero temperatures and a frozen basketball that reads "Beat Luther" under one arm.

For the better part of the past 20 years students and alumni have celebrated the annual Wartburg-Luther rivalry in a somewhat odd way. For some years the journey was dominated by those in the "mafia" (Clinton 1 South), but now invitations are open to brave souls throughout the campus.

I was one of those "brave souls" who participated in last year's charade. Senior Jim Buchheim had told me a few months earlier that I had better be in good shape for our run in January, but I didn't know what he meant because I thought cross country ended in November. I found out later what he meant.

Waking up at 7 a.m. wasn't so bad, but after taking a few steps towards the eight-man group waiting outside, the thought of frostbite did not thrill me. In previous weeks I looked forward to waving at the hundreds of Wartburg fans driving by, but that would be 12 hours later.

The first runner was senior all-world runner Dan Huston, who holds the prestigious record of most miles ran on "the run," with one-quarter-mile short of 20. After he ran the first three it was my turn.

My run brought us to the modest Bremer Tap, where we drank beer, played pool, drank some more beer, and disputed over who would run next. After getting back on the highway, most of us no longer felt the harsh cold, and Huston had even stripped down to his shorts.

By then, the late morning risers caught up to us. Buchheim, bearing a cast from his most recent operation, jumped right into the rotation. He went his limit to the top of the hill, and we took bets on how long it would take him to get there.

It was my turn to run again, but I was given the most difficult part of the course. "All you have to do, Arch, is take a turn at the top of the next hill," Huston said. It seemed simple enough at the time, but by the time I had gone that far I had forgot about the turn. So I kept going, and going, and there was still no car in sight.

After two miles the jokers finally caught a clue and [illegible] for me. I started running for the car, but [illegible] said I was supposed to follow the [illegible] miles back to never-never land. I was planning [illegible] them all if I didn't turn into an ice cube. [illegible] claim I get no respect.

A little later I was running again, and was to bring the ball into "The Fort" at Fort Atkinson. Fortunately I went the right way. The others drank beer and played pool, while I drank coffee and went to the bathroom.

The sun went down, and the darkness emerged. By now, scores of people were waving and honking, and some were pace cars. They were our own people, Wartburgers. I got so excited that I lost control over nature. After completing the last leg I was so embarrassed I didn't even want to go in.

We all went in—straight past the security officers. We circled the gym and let the Luther fans know exactly what we thought of them. We stole the show.

The Knights lost, but I cheered anyway. It was off to the bars. Finally, when we were too tired to stand, we left for home. It was easier going back, but it sure wasn't as much fun. My job was to look for the turn to Waverly.

Nothing has changed since then, except that I'm even more insane because I look forward to "the run" this Friday. I might even pray for record lows.

Senior Bob Hammerberg cradles the censored version of the official "Luther run" basketball. Hammerberg, sophomore Tim Manning and several others will lug that ball more than 70 miles Friday in the traditional run to the Luther basketball game. Jim Buchheim photo.

Luther leader offered challenge

Editor's note: A copy of this letter was sent to Luther's Student Body President Thursday.

Tradition dictates that following the Wartburg/Luther football game, the Student Body Presidents of both colleges meet in the center of the football field where the President of the losing team removes his/her pants. However, due to unexplained circumstances, that event was not honored this year by the Luther Student Leader.

I would like to CHALLENGE Luther's Student Body President to begin a new tradition this year in the middle of the basketball court following the rival game. The home team's President will provide a cream pie to be thrown by the winning team's President into the loser's face. The purpose of this meeting would be to enhance the feelings of friendly rivalry between the competing schools.

Looking forward to seeing you on the 25th—here's to pie in your face.

Teresa Zimmerman
Student Body President of Wartburg

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Fri., Jan. 25
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GO KNIGHTS BEAT LUTHER!

Wilson mentors 14 freshmen

Stressing academics, not just athletics

by JOY BOWDEN

Kevin Wilson is the Centennial Complex residence hall coordinator. He is also an assistant coach for both football and wrestling. It isn't odd to hear of a coach encouraging his players to excel, but it is not everyday you hear of a coach actually taking time to mentor players' studies and see that they are developing to their full potential as students.

Centennial Complex Residence Hall Coordinator Kevin Wilson, who ran a successful mentoring program last fall for 14 freshmen athletes, hits the books *himself in the complex office. More than half of his freshmen had better than* expected grade point averages for Fall Term. Pat Simmons photo.

Last fall, Wilson met once a week with 14 male freshmen athletes in individual sessions. The purpose was to review the courses they were enrolled in as well as their study habits, and to provide encouragement at times when books become a burden.

"I WAS MOSTLY A RESOURCE person," Wilson said of his mentor role. "If I couldn't help them, I guided them to someone who could. I basically tried to make myself available to help them."

According to Dr. Kent Hawley, vice president for student affairs, this is not the first time athletes' academic performances have been monitored. Men's basketball Coach Buzz Levick has had a program such as this for years. This year, however, was the first year for football and wrestling mentor programs.

"We recruit athletes and when we bring them here, we have an obligation to do whatever we can to help them succeed as students," said Wilson.

According to Hawley, every student who applies to Wartburg has his grade point average (GPA) predicted by a formula used by the Recruitment and Retention Committee.

"IF THE PREDICTED GPA is a 'C' or above, the student is admitted through Admissions," Hawley said. "If the predicted GPA is below a 'C' and the student still wants to come to Wartburg, their case is reviewed by a sub-committee of the Recruitment and Retention Committee and personal factors are taken into account."

The mentoring program is for students in this last special category. Their GPAs have been predicted low, but their ACT scores provide evidence that they have the potential to be successful and just hadn't used that potential in high school.

"ABOUT 60 PERCENT of the students exceeded their predicted GPA," said Wilson. "But I don't want to take credit for that. Whether they would have done the same without me, I don't know. The idea behind the program was simply for me to help them get off to a good start.

"The thing I was most satisfied with was they really gained a positive attitude as the semester went along," Wilson added. "They became concerned academically as well as athletically. They were really happy to be here."

'They became concerned academically as well as athletically.'—Kevin Wilson

Wilson also found it rewarding when some of the students would see him across campus and yell things like, "Hey, I got an 'A' on my paper," or "I got a 'B' on my test."

"I WAS HAPPY that they did so well this term," said Wilson, "and I hope they continue to do well in the future."

Hawley expressed the same sentiments.

"The program was a success and I will highly recommend that it be continued next year."

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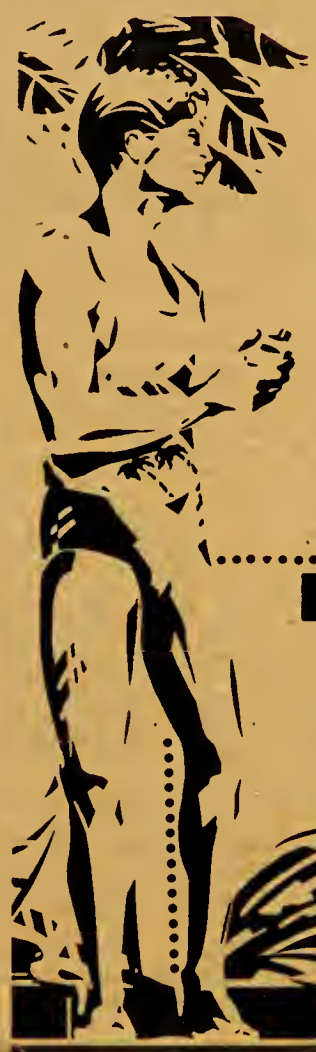

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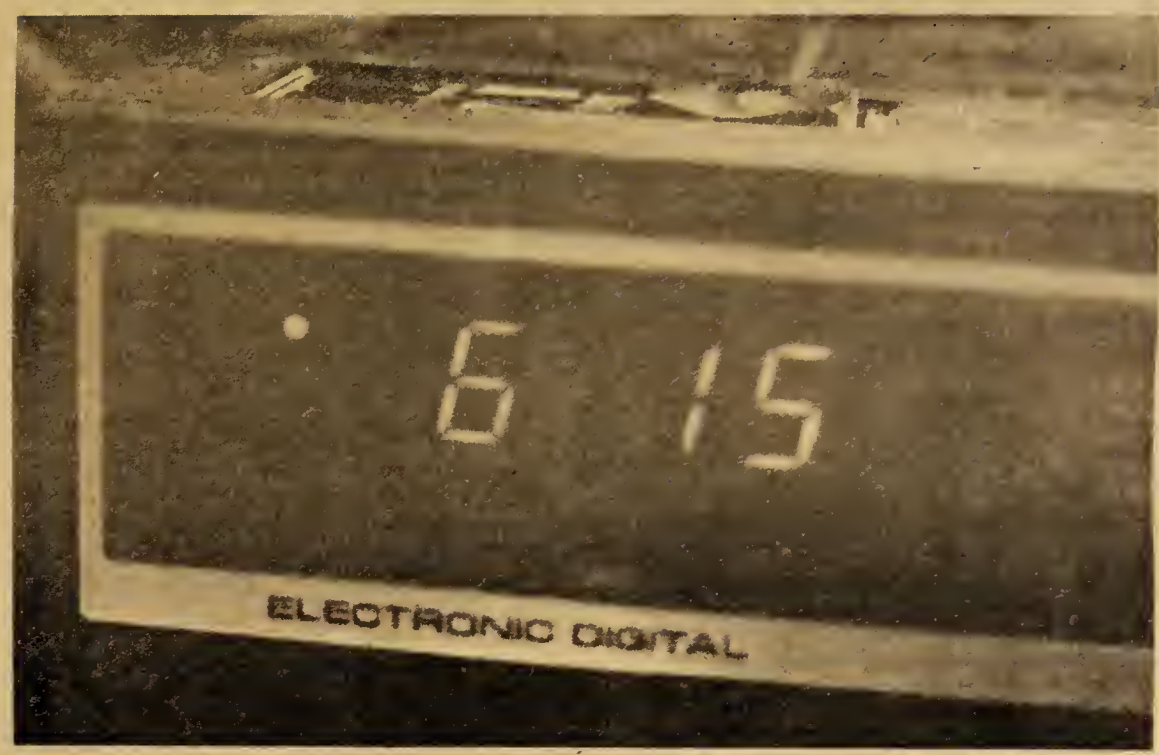
Sore muscles, early hours can't stop Bishop's fitness program



Overcoming sore muscles, early hours and bad weather, 36 persons have completed Dr. Roger Bishop's adult fitness program.

While it was entitled the Knights' Before-Dawn Adult Fitness Program, the participants probably would have rather called it the Early Bird Endurance Course, because it caused them to see more sunrises than they may have wanted.

The program began in September, spanning more than 40 6:15 a.m. sessions on Mondays, Wednesdays and Fridays.

There were two reasons for the early morning hour, according to Bishop, professor of physical education.

"The program was designed to accommodate the schedules of busy, working adults," he said. "By starting at 6:15, each session was over by 7, and participants could shower, breakfast and still get to work by 8. Also, that early morning hour meant we did not conflict with students or athletic groups who use the facility."

Activities were divided into two parts. First, Bishop led 15 minutes of stretching and flexibility exercises with exotic names, such as the Korean Squat and the Bear Hug and Hurdler's Stretch. Exercises were chosen to move joints, such as hips, knees, shoulders and elbows, through their full range of movement.

"With age, adults tend to lose flexibility," Bishop said. "Partly this comes from disuse. The exercises are designed to help adults regain some of that flexibility."

Bishop did not lead the second part of each exercise period. That was the jog/walk part, and participants were instructed to design their own routines. Some did a 30-minute brisk walk; some did a shorter jog; some did a combination.

Heart rate was used to monitor the jog/walk and insure that the pace was reasonable but somewhat stressful. Each participant counted his or her heart rate when resting. Based on that, and the person's age, a target exercise heart rate range was calculated. Each person could monitor heart rate until the target range was reached.

Participants reported good results: "I have more energy...more flexible...sleep better...feel like I have fresh, bright energy for the day ahead. I'm livelier."

Some felt slimmer, and one man reported he had reduced his trouser size by three sizes. Many reported that back problems were relieved by participating in the program.

They showed their enthusiasm by asking that the fitness program be continued into the holiday vacation period, and 20 showed up for the two bonus sessions that were added.

For Bishop, leading the fitness program was a dream come true.

"I've wanted to offer something like this for 10 years—ever since I saw a similar program in operation when I was teaching at Kent State University," he said. "Last year, I applied for money from Wartburg's Faculty Development Fund and received funds to visit fitness programs at the University of Kansas and at Missouri Western State College."

He was pleased with the response to this first session. Thirty-six of the 52 people who originally registered for the session completed it. Those "graduates" ranged in age from 31 to 75 years.

"To exercise, some people must overcome negative ideas," he said. "Some of these ideas are historical. The Puritan work ethic our country grew up with classified exercise as incidental to work. Our ancestors' exercise was always in conjunction with activities such as barn raisings or quilting bees. With our sedentary lives, we must add exercise to our daily schedules."

Other people have phobias about sweating or getting down on the floor to exercise or "exposing" their bodies by wearing exercise attire.

The winter session of the Knights' Before-Dawn Adult Fitness Program will offer more continuous monitoring, according to Bishop. Participants will have access to scales for monitoring weight, and they will set individual goals regarding distance walked or jogged and record progress toward those goals.

As with the first session, information about each person's blood pressure, strength, flexibility, body fat, heart rate, height and weight will be measured. A computer printout prepared for each person will help each evaluate himself or herself against other adults of the same age range.

Bishop hopes the second session will include as diverse a group of participants as the first session. There were homemakers, executives, nurses, professors, college staff and professional persons from both Waverly and Shell Rock.

In fact, it was a financial adviser who rescued Bishop from an embarrassing situation as he led exercises the morning Bishop didn't appear. That morning a snowstorm had struck, but Bishop was honest.

"I overslept," he admitted, when he walked in on his hard-working class. "Forgot to pull out the alarm."

That's what happens when you teach before dawn.

Dr. Roger Bishop (left front), professor of physical education, leads stretching exercises in his Knights' Before-Dawn Adult Fitness Program. Bishop has exotic names for his stretches, including Korean Squat and Bear Hug. John Kirchhoff photo.

News Analysis

Could students sway pool election?

Strong student turnout might swing results in college's favor

by MICHAEL B. WIRTH

During the 1960s, students rioted and revolted against anything seemingly unjust, protesting the secret war in Cambodia and the Viet Nam War. But Wartburg students may have more power than their predecessors and it stems from something as nonviolent, in America that is, as voting.

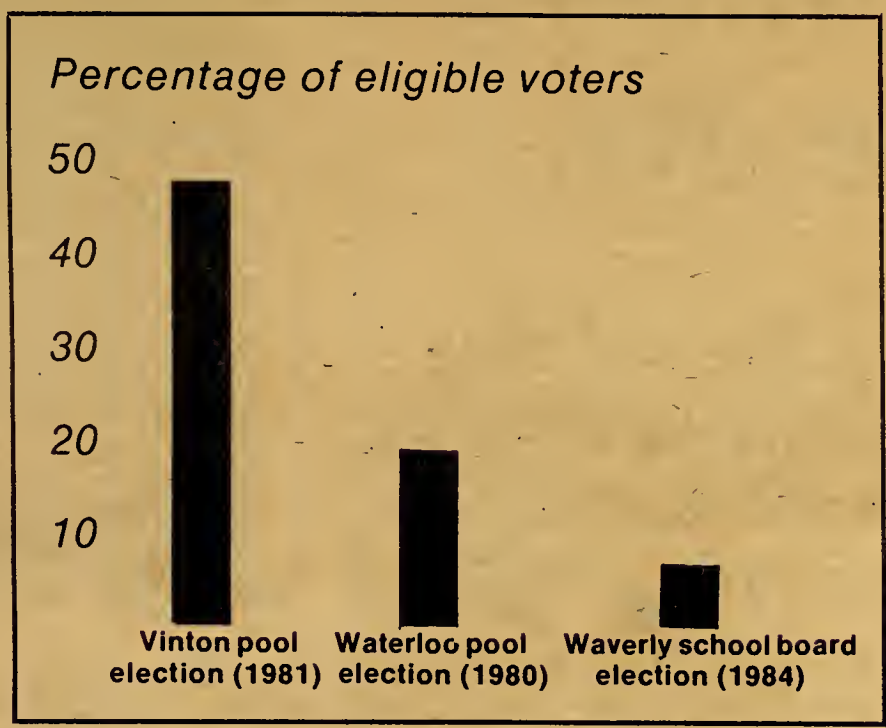
This power stems from the students right to register and vote in local elections and the special indoor pool election that may take as place as soon as next fall.

poor turnout, approximately 1,090 residents would vote.

The diversity of opinion on the part of Waverly residents increases the student impact on the decision. A survey conducted in July of 1984 by the Waverly Chamber of Commerce showed that 43.9 percent of those surveyed would vote for a bond issue, with 25.2 percent opposed and the rest undecided. This means Waverly residents could split their vote, leaving the decision of whether to pass a bond issue entirely in the students' hands.

'The student vote could be a big factor. I think there are a lot of responsible people out there that will think things through, though.'

—Auditor Austa White



The power the students possess is due to the nature of special elections, which historically have low voter turnouts.

Other pool elections show how a large student turnout could sway the elections. In August, 1980, only 7,414 of the 40,937 (about 18 percent) of the eligible voters in Waterloo turned out for a $1.3 million special pool referendum.

In a 1981 special pool election in Vinton, only 1,217 of the 2,729 eligible voters voted (less than 50 percent).

If Waverly were to repeat Waterloo's

These figures don't necassarily worry Bremer County Auditor Austa White, who claims human intelligence, not Wartburg students, will decide the bond issue.

"The student vote could be a big factor," White said. "I think there are a lot of responsible people out there that will think things through, though."

Despite White's faith in human nature, more figures stack up on the students side. In Waverly's only recent special election, a Sept. 11, 1984, school board election, only 396 of the then 6,054 eligible voters turned out on election day.

John Laube, Wartburg's plant superintendent and a member of the Waverly City Council, doesn't believe enough students would turnout to turn the tide.

"In past elections, when we drove students back and forth between the polls, I don't think we had any more than 100 vote," Laube said.

He added that the student turnout may depend on how much students want the pool.

"I don't know what the feeling is on campus. I don't know how many [students] even care," he said.

Senior Sue Hanson, who heads the Political Action Committee (PAC) sponsored by Student Senate, believes students would have more input than Laube indicates.

"If the students want to swing it [the election], I think it's feasible," she said. "We (PAC) try to stay out of special elections, though. We just want people to vote anywhere."

Freshman Lisa Shipman, A PAC member believes students should be bused to the polls on election day.

"I think we should [bus students]," Shipman said. "A pool would effect us [students] a lot."